

SELF-CARE KIT

SUPPORT LOCAL NEIGHBORS IN NEED

Help bring comfort and encouragement to women rebuilding their lives. By donating self-care essentials, you can brighten someone's day and remind them they are valued and supported.

Please note: All items must be new and packed in a 2-gallon zipper bag. Travel-size products are preferred.



Create Your Own Kits and Donate Today!

- Gallon Bag
- Coloring Book
- Journal
- Colored Pencils
- Pen
- Manicure Kit
- Hand Sanitizer Mist
- Hand Cream
- Sunscreen
- Cookie
- Tea Bag
- Lip Balm
- Shower Steamer
- Worry Stone

Coordinate a Volunteer Event With Us or Assemble and Donate Your Own Kits!

To learn more, please contact Doug McKay at DougM@UnitedWayOC.org or 949.263.6125



Purchase Items Through Amazon

Scan the QR code or visit ocuw.to/self-care-kit